

## Our Drop In Services

Syringe access and disposal  
Safer smoking kits  
Overdose education  
naloxone and fentanyl test strips

Shower and bathroom facilities (till 2pm)  
Onsite Laundry services (last load at 2pm)  
Community Lunch (every Wednesday)  
Community Clothing Closet

Peer Groups and Activities

Yoga (every Tuesday and Thursday)

Harm Reduction Counseling  
Onsite case management services

Wound Care, HEP C + HIV testing and treatment with Baltimore City Health Department Van (every other Wednesday)

COVID-19 vaccine clinics (call to check times)  
PPE and Hand Sanitizer

Safer Sex Materials

## Case Management Services

Contact (410)-916-1754  
(available 8am-4pm via phone)  
Housing First Model

Assistance in applying for housing

Assistance in applying for benefits

Connection to Mental Health and Medical care

Transportation support

Prescription support

Substance use treatment

Budget Management

Assistance in obtaining personal documents; ID's Birth Certificate

## Find us online!

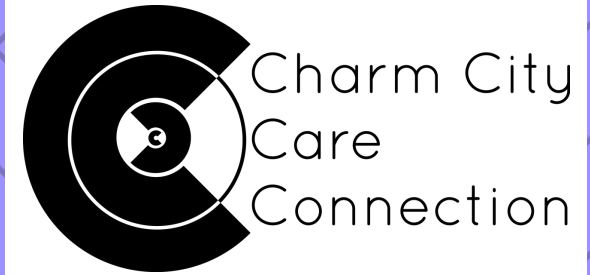
[charmcitycareconnection.org/](http://charmcitycareconnection.org/)



@charmcitycareconnection



[facebook.com/Charmcityclinic/](https://facebook.com/Charmcityclinic/)



# Harm Reduction Tip of the Week!



3/14/22

**1214 N Wolfe St,  
Baltimore, MD 21213**

**443-478-3015**

## Hours

Mon-Thurs

Open 10am-12:00 pm  
& 12:30pm-3:30pm

Closed 12-12:30pm

**Closed all day Friday**

# Signs of an Opiate Overdose

- The person is unconscious
- They're unresponsive to stimulus (calling their name, sternal rub)
- Body is very limp



- Shallow, erratic breathing, or no breathing
- Sounds of choking, gurgling or deep snoring (making sounds they don't usually make when sleeping)

- Changed color lips & nail beds may be blue for lighter skin & ashen/gray for darker skin



-Vomiting

## Opiate Overdose response: What to do!

1. Try to wake the person up
  - A. Call their name & shake them gently
  - B. If they still don't respond, perform sternal rub
    - Make a fist & rub your knuckles up & down their chest
    - If the person doesn't respond to this, they're likely experiencing an overdose



Sternal Rub - Photo: N.O.M.A.D (Not One More Anonymous Death)

2. Call 911 & advise "I have someone who is not conscious & not responsive."



3. If people are around, Calmly advise that "There is an emergency & police may be arriving on the premises soon."



\*If there are people around who are willing to assist, designate  
 A caller-to call 911  
 A stander-to stand outside and direct police/paramedics to where you need them  
 A second responder- to help you with rescue breathing

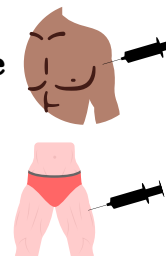
4. Provide 1 dose of Narcan

- A. Remove from packaging
- B. Nasal: Place the tip in either nostril until your fingers touch the bottom of their nose.

Press the plunger firmly to release the dose



C. Injectable: Draw up entire vial and inject into thigh or shoulder muscle (must be injected into the muscle to work)



5. Perform rescue breathing for 60-90 seconds

A. Lay them on their back



B. Tilt their chin back & remove anything blocking their airways

C. Pinch the person's nose closed and cover their mouth with your mouth (you can use a mouth shield if you have one or your t-shirt)



D. Blow 2 regular breaths then 1 breath every 5 seconds

E. Do chest compressions if you're trained in CPR



6. If the person is still unresponsive after 1-3 minutes of providing Narcan, give them an additional dose of Narcan

- A. Continue to perform rescue breathing & chest compressions while waiting for the Narcan to kick in & the paramedics to arrive.

7. When the person starts to breathe regularly on their own, roll them into a recovery position on their side. When the paramedics arrive, advise that you've administered Narcan & how much

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**& CARRY NARCAN**